

## wings (10)

buffalo, garlic-parm or crazy hot, celery, blue cheese or ranch 10

#### mussels

garlic, shallots, herbs, lemon, white wine, butter 10

#### ahi tuna

seaweed, wasabi, teriyaki glaze 11

## fried green tomatoes

with cheese grits, chipotle aioli, bacon & scallions 7

## coconut fried shrimp

with tropical sauce 10

## crispy fried calamari

with marinara 8

## house smoked fish dip

with tortilla chips or saltines 7

## tacos (2)

pickled red cabbage, chipotle aioli, cilantro

Pork 8, Chicken 9, Mahi 10

## caprese flatbread

fresh mozz, tomatoes, basil, olive oil, balsamic 9

## signature flatbread

fresh mozz, marinara, prosciutto, jalapeño, honey 9

## pesto pizza

prosciutto, mozzarella, pickled onion 8

# Salads

#### house

lettuce, carrot, cuke, tomato, sunflower seeds,

dressing choice 7 side 4

#### greek

romaine, peppers, onion, tomato, olives, cuke,

pepperoncini, feta, vinaigrette 9 side 5

#### caesar

romaine, parmesan, croutons,

anchovies (optional), caesar dressing 7 side 4

#### kale

craisins, blue cheese, sunflower seeds, red onion, carrot, honey-citrus vinaigrette **9** side **5** 

salad add on's

#### bibb

strawberry, goat cheese, almonds,

honey-citrus vinaigrette 9

## panko chicken

greens, strawberries, coconut, goat cheese, mango dressing **12** 

#### caprese

fresh mozz, tomato, basil, olive oil, balsamic 10

## wedge

tomato, red onion, bacon,

blue cheese dressing, blue cheese crumbles 10

### shrimp & crab salad

greens, tomato, cucumber, hard boiled egg & ranch 13

## chicken **5** shrimp **7** mahi mahi **7** salmon **8**

# Soups

## soup of the day

daily creation 5 / 7

#### clam chowder

traditional New England style 5 / 7

#### french onion

traditional with melted mozz and crouton 6